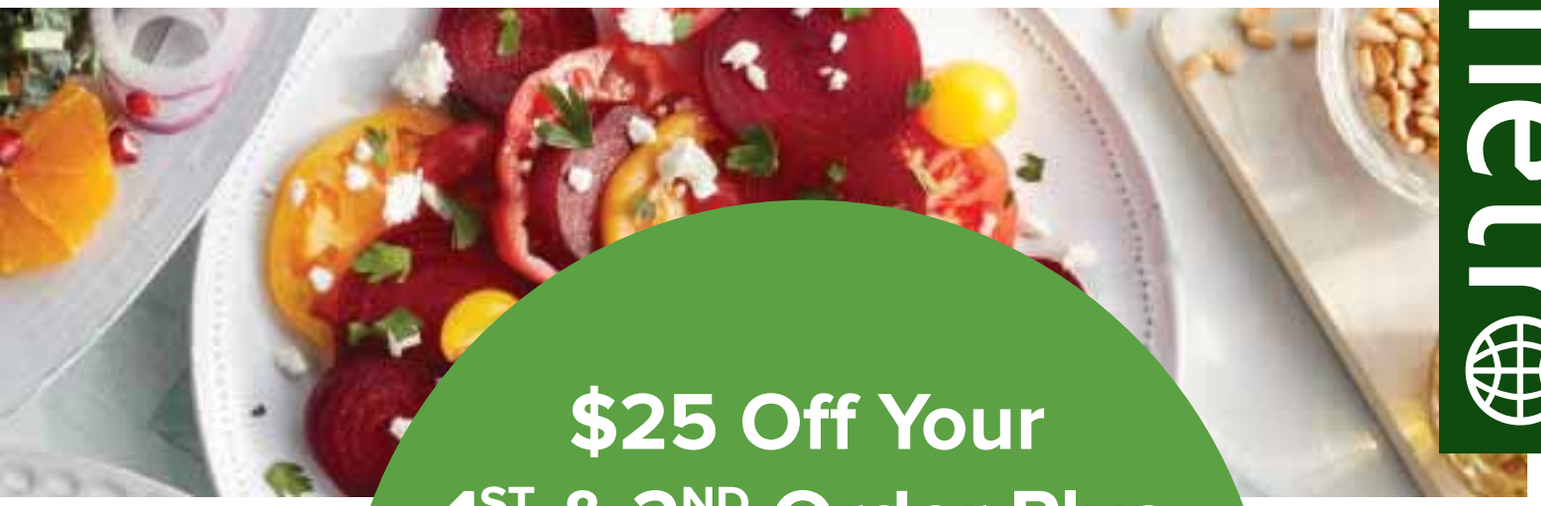

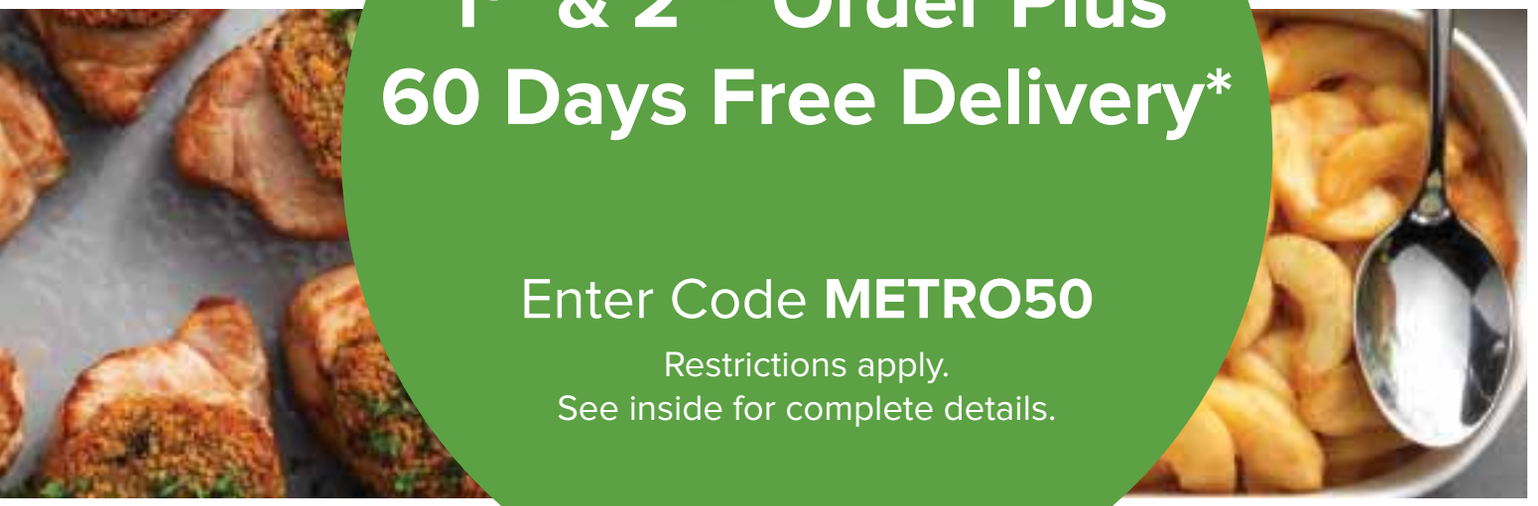

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'APOCALYPSE' NOW

Your guide to the new season of "American Horror Story." 16

KURT ISWARIENKO/FX

NFL Power Rankings: Jets with strong showing. 20

ALL EYES ON FLO'S EYE

Virginia and the Carolinas have already called for the evacuation of over a million residents, while the president says the government is "totally prepared" for an intensifying Hurricane Florence. 6-7

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Rihanna takes over NYFW with Savage X Fenty experience. 14

5 THINGS TO KNOW

WELCOME TO METRO.US

SAM BRODSKY, DIGITAL WRITER

New York's primary election is tomorrow, which shouldn't be news to you. What may be news to you, though, is how utterly bizarre Cynthia Nixon's go-to bagel order is. Let's just say it's not your average lox and schmear. As a Jew who admits to never having eaten lox in her life (my apologies), I took one for the team and tried the "Nixy" for the sake of investigative journalism and, of course, you dear Metro readers. P.S. Don't forget to vote!

RUSSIA BEGINS USSR-SIZE WAR GAMES NEAR CHINA

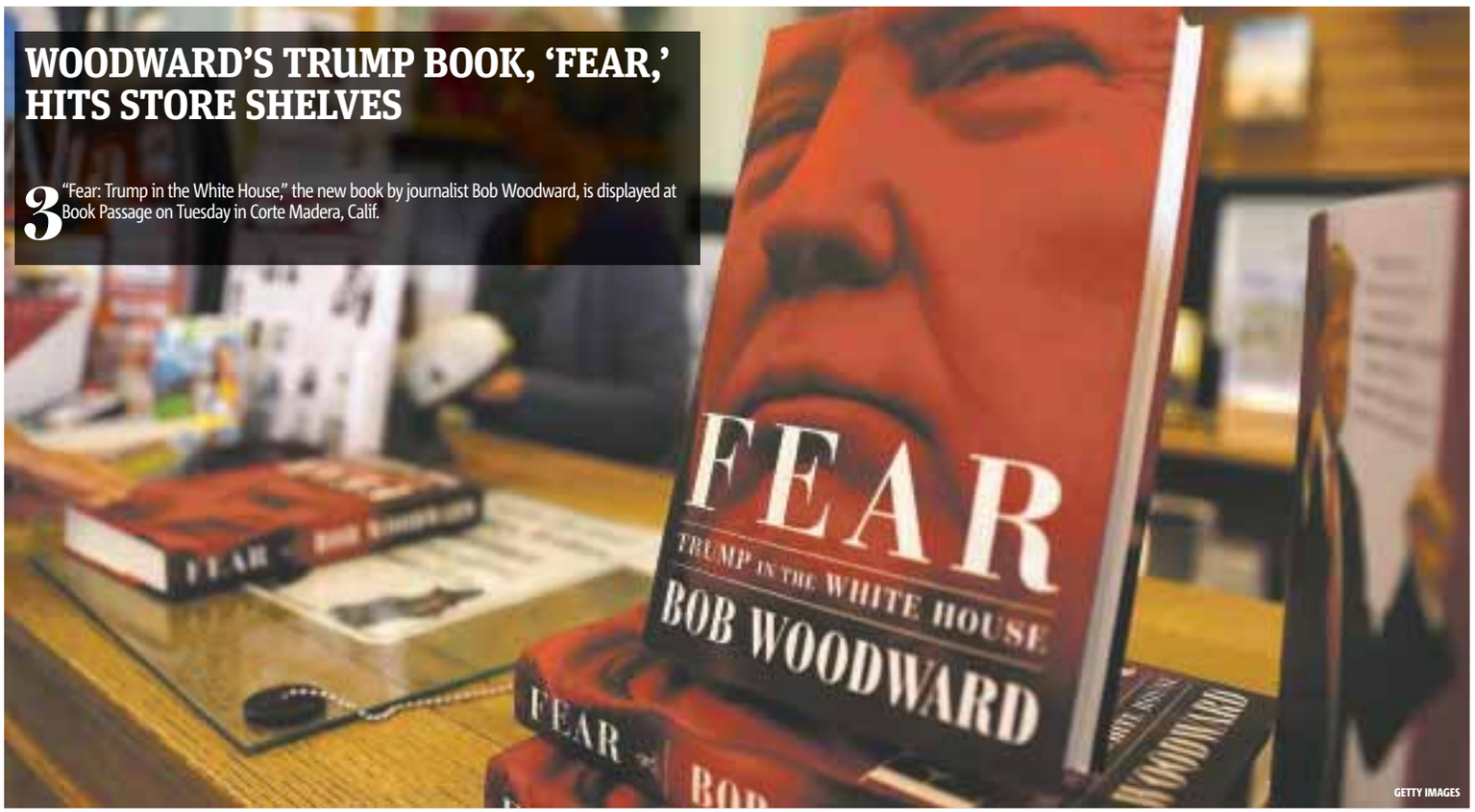
1 Russia began its biggest war games since the fall of the Soviet Union on Tuesday close to its border with China, mobilizing 300,000 troops in a show of force that will include joint exercises with the Chinese army. China and Russia have staged joint drills before but not on such a large scale, and the Vostok-2018 (East-2018) exercise signals closer military ties as well as sending an unspoken reminder to Beijing that Moscow is able and ready to defend its sparsely populated far east. Vostok-2018 is taking place at a time of heightened tension between the West and Russia, and NATO has said it will monitor the exercise closely, as will the United States, which has a strong military presence in the Asia-Pacific region. Russia's Ministry of Defence broadcast images on Tuesday of columns of tanks, armored vehicles and warships on the move, and combat helicopters and fighter aircraft taking off. In one clip, marines from Russia's Northern Fleet and a motorized Arctic brigade were shown disembarking from a large landing ship on a barren shore opposite Alaska.

NICK CARTER WILL NOT BE CHARGED IN SEX CASE

2 Los Angeles prosecutors said on Tuesday they would not charge Backstreet Boys singer Nick Carter over a 2003 sexual assault accusation because it fell outside the California statute of limitations. The Los Angeles District Attorney's office said it had reviewed the accusation by a woman who was 18 years old at the time, but said the statute of limitations had expired in 2013. "An analysis of the strengths and weaknesses of the evidence is not warranted, and the matter is declined," prosecutors said in a charge evaluation worksheet released to the media. They gave no details of the case, but Carter last year denied an allegation that he raped a teen pop singer 15 years ago. An attorney for Carter, whose band is currently playing a long-term engagement in Las Vegas, said in a statement on Tuesday that the singer was "happy to put the matter behind him." "Nick has denied these allegations ever since he first learned of them last year," attorney Michael Holtz said in the statement. The Backstreet Boys were one of the biggest boy bands of the late 1990s and early 2000s.

WOODWARD'S TRUMP BOOK, 'FEAR,' HITS STORE SHELVES

3 "Fear: Trump in the White House," the new book by journalist Bob Woodward, is displayed at Book Passage on Tuesday in Corte Madera, Calif.



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MMA'S MONSON ELECTED TO RUSSIA COUNCIL

4 U.S. mixed martial arts fighter Jeffrey Monson, granted Russian citizenship by President Vladimir Putin in May, was elected on Sunday to the council of deputies of a small city just outside Moscow, official election results showed on Monday. Monson, 47, a tattooed cage fighter known as The Snowman, registered in June to run for a seat on the council of Krasnogorsk, northwest of Moscow, where election documents say he now works as a coach in a sports club. On the website of Moscow region's election commission, Monson is listed as fourth on the ruling United Russia party's list of candidates for the Krasnogorsk city council. United Russia won 47.9 percent of this vote, automatically securing a seat for the MMA fighter, who was born in the U.S. state of Minnesota. Writing on social media, Monson, who has previously cultivated ties to the Russian Communist Party, said he ran as an independent. "I was invited by United Russia party to run but I am independent. Unfortunately I learned there are no communists in Communist party in Russia," Monson said on Monday.

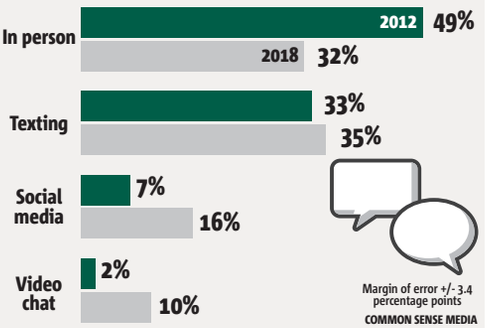
ELIZABETH SMART ABDUCTOR TO BE RELEASED

5 A street preacher's wife who helped abduct 14-year-old Elizabeth Smart in 2002 will walk out of a Utah prison next week after serving 15 years for her part in a kidnapping that focused national attention on the issue of crime against children. Smart was taken at knifepoint from the bed she shared with her younger sister. Brian David Mitchell was sentenced to life imprisonment after being convicted of the kidnapping and unlawful transportation of a minor across state lines to engage in sexual activity. His wife, Wanda Barzee, pleaded guilty to kidnapping and unlawfully transporting a minor, and was sentenced to 15 years in prison. Barzee first served a prison term for a federal sentence, before being transported to Utah for the rest of her state sentence, which was initially calculated to end in January 2024, said Greg Johnson, the administrative coordinator for the Utah Board of Pardons and Parole. Johnson added that the board later determined it had not counted Barzee's federal time served against her state penalty and found after a review and legal advice that her Utah sentence should end on Sept. 19.

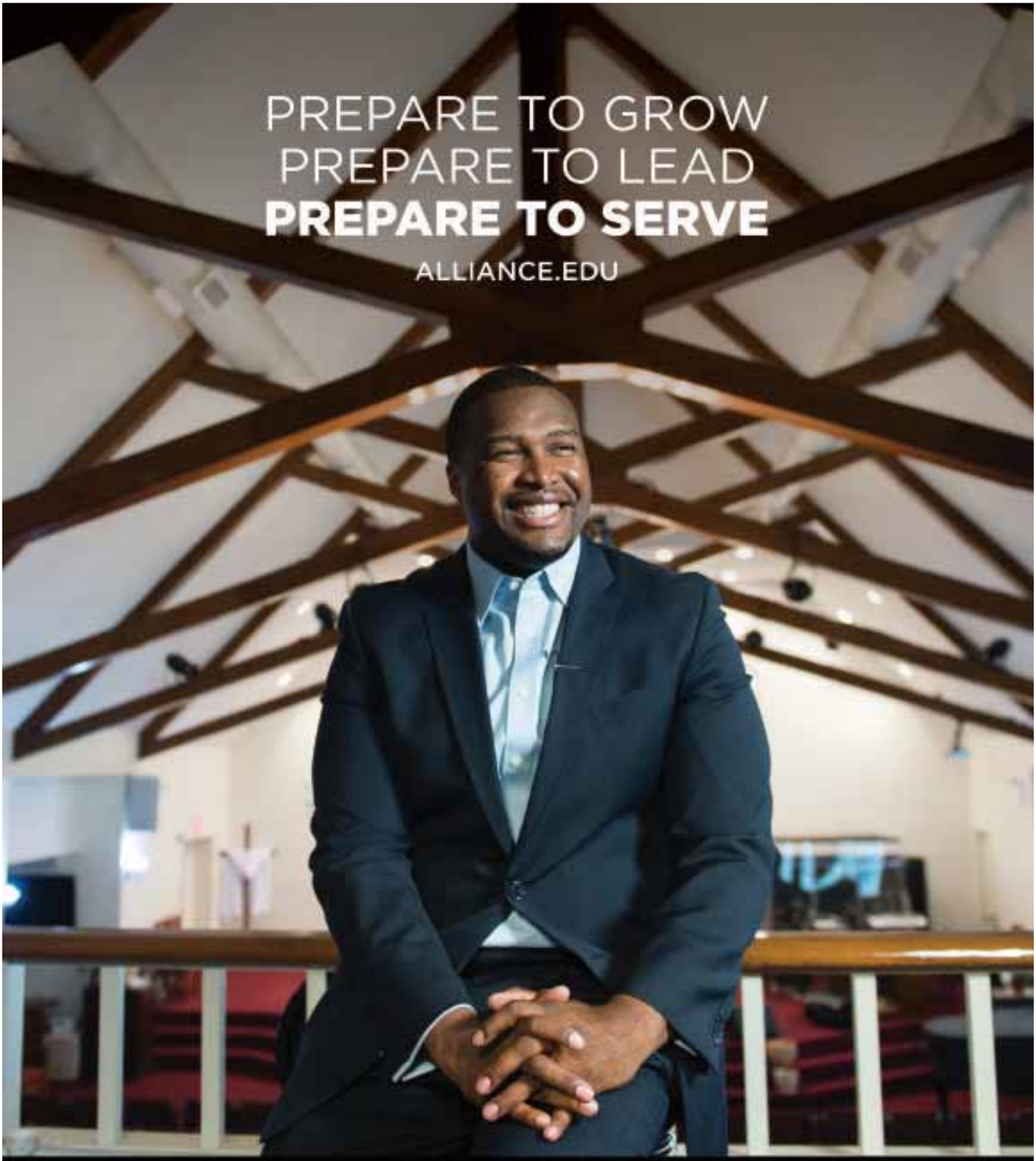
STATS

TEEN COMMUNICATION

Teens don't value face-to-face communication with friends as much as they used to. What is their favorite way of communicating today vs. 2012?



COMMON SENSE MEDIA



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SAM BRODSKY

We tried it: Cynthia Nixon's favorite (and unusual) bagel order

Lox, capers, and schmear on a cinnamon raisin — with a side of tomato and onion.

SAM BRODSKY
Samantha.Brodsky@metro.us

This Thursday, Cynthia Nixon challenges incumbent Gov. Andrew Cuomo for the Democratic nomination leading up to November's midterms. Politics aside, she's already got him beat in one category: breakfast. Behold, the Cynthia Nixon bagel (the talk of NYC).

The "Sex and the City" alumna and New York native placed an order at Zabar's this past Sunday that caused lox lovers everywhere some unwelcome discomfort. The order was, as documented by Gothamist in a five-minute YouTube video: lox, plain cream cheese, red onions, capers and tomato on a cinnamon raisin bagel.

"That's what I want—a full load," Nixon said of her unlikely order.

Nixon defended her breakfast choice, which a fellow Metro staffer dubbed the "Nixy," as "sweet and salty." She later set up a sweepstakes of sorts — a chance to chat over bagels with or without a donation to the Team Cynthia campaign.

While some theorized this could have been a "stress order" or, perhaps, a ploy to boost support before Thursday's primary election, Nixon argued that it's her go-to pick. "Don't yuck my yum. Don't knock it till you try it," she said.

Metro followed suit to find out if the Cynthia Nixon bagel is a no good, very bad decision, or one we'll order in a heartbeat from now on.

So what's the verdict? I'll preface this Cynthia Nixon bagel taste test by admitting that I've never tried lox. And, being a Jew, I have seemingly failed my faith. (Even my father, a self-proclaimed atheist, has eaten his fair share of bagels, lox and schmear.)

It's safe to say that I did not picture my first lox experience to be so, well, risky. Capers? Onions? On cinnamon raisin? Not the ideal way to lose my lox virginity.

When I placed the order at Leo's Bagels in FiDi, I was met with a look of disgust from the man behind the counter (the same sort of look you make when you smell something rotten). But, once I shot back a furrowed brow and a panicked, "I know it's a weird order!" he quickly got to work.

Here's how the Cynthia Nixon bagel came out: It was a *thick* bagel and smelled questionable, but I proceeded with the vigor of any valiant journalist.

The verdict? A whole bite wasn't bad. The lox was surprisingly less fishy than I was expecting, and the slight sweetness from the bagel did seem to complement the saltiness of the condiments.

As one Metro staffer (and fellow first-time lox eater) accurately declared, "I'm not mad at it."

The one thing I did not, by any means, enjoy was the bite I took with capers and raisin bagel alone. That combination is something I would not want to relive. Ever.

I will admit that it had too much going on for me to handle before my 9 a.m. morning coffee, though it wasn't a nightmare.

The level of tastiness definitely differs bite to bite, but the general consensus seems to be this: The Cynthia Nixon bagel — the no good, very bad "Nixy" — wasn't so bad after all.

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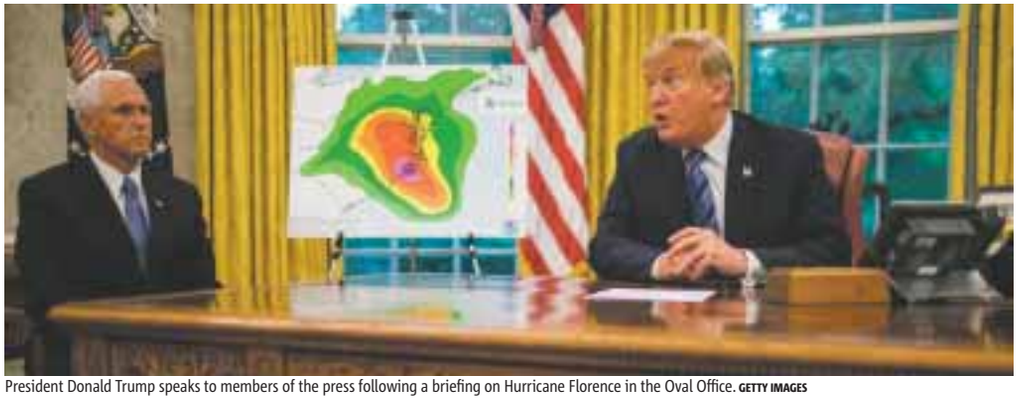

President Donald Trump speaks to members of the press following a briefing on Hurricane Florence in the Oval Office. GETTY IMAGES

Trump promises all-out response to Hurricane Florence

President Donald Trump on Tuesday said the federal government would spare no expense in responding to the likely damage from Hurricane Florence, which is forecast to slam the Carolina coast later this week.

"Any amounts of money, whatever it takes, we're going to do it," Trump told reporters at the White House as he met with top aides and federal disaster officials.

In remarks aimed at Americans who could find themselves in harm's way, the president noted that experts were predicting a storm the likes of which the East Coast of the United States has not seen in decades.

"I would say everybody should get out, he said. "It's going to be really, really bad along the coast."

Federal forecasters expect the storm to make landfall on Friday with 130 mph (215 kph) winds and massive waves, with rains taking a heavy toll inland. Some 1 million people have been ordered to evacuate their homes.

The government's top disaster response official, Federal Emergen-

Pet prep efforts may be needed for Florence

As Accuweather forecasters expect Hurricane Florence to "unleash catastrophic flooding" along the East Coast this week, tens of thousands of southern residents are facing mandatory evacuation orders.

And since many other regions of the coast are bracing for the effects of Flo, many more may need to leave their homes as well. While they will likely pre-pack essentials for themselves in advance, now seems like a good time to remind everyone not to forget about their furry family members.

While you may not dream of leaving your pet behind if you had to flee during a natural disaster, thousands of pets were abandoned when Hurricane Maria struck Puerto Rico last September — and hundreds of thousands were killed or left behind during Hurricane Katrina in 2005.

If you're in an area that may be evacuated during Hurricane Flo — or whatever situation that may come, really — it's important to make sure you have a pet evacuation kit.

The American Veterinary Medical Association (AVMA) offers these tips for packing a pet evacuation kit ahead of Hurricane Flo or any future emergency situation.

Food & medicine: Make you sure you have at least three to seven days' worth of dry and canned pop-top food (but be sure to check expiration dates if packed in advance); two weeks' worth of medicine (also check expiration dates if packed in advance); a water supply for at least seven days; a feeding dish and water bowl, and liquid dish soap.

First aid: The AVMA suggests packing anti-diarrheal medication; antibiotic ointment,

“I actually think it was one of the best jobs that’s ever been done. I think that Puerto Rico was an incredible unsung success.”

President Donald Trump

cy Management Agency head Brock Long, told reporters that residents in areas likely to be affected should not underestimate the threat.

“This has an opportunity of being a very devastating storm,” Long said. “The power is going to be off for weeks. You are going to be displaced from your home in the coastal areas, and there will be flooding in the inland areas as well.”

Trump, who has faced criticism for his administration’s response to Hurricane Maria in 2017, which killed an estimated 3,000 people in the U.S. territory of Puerto Rico, and knocked out power to all 3.4 million residents of the Caribbean island, with thousands still without power even six months after the storm hit, said the federal government was “totally prepared” for Florence.

“We’re ready. We’re as ready as anybody has ever been,” he said.

Asked what lessons could be learned from Maria, Trump said the government’s response in that case was complicated because Puerto Rico is an island and its electrical grid was already impaired.

“I actually think it was one of the best jobs that’s ever been done,” he said. “I think that Puerto Rico was an incredible unsung success.”

Florence, a Category 4 on the five-step Saffir-Simpson scale, was located about 785 miles (1,260 km) southeast of Cape Fear, N.C., at 4:30 p.m. EDT (2030 GMT), according to the National Hurricane Center. REUTERS

Vehicles line up along State Route 17 as people evacuate the coast of North Carolina. GETTY IMAGES

GETTY IMAGES

bandage tape and scissors; cotton bandage rolls; flea and tick prevention (if need in your area); isopropyl alcohol; latex gloves; saline solution, towels, washcloths and tweezers.

Sanitation: Bring litter boxes and scoop, newspapers, paper towels and trash bags, as well as household chlorine bleach or disinfectant.

Documents: The AVMA urges pet owners to include ID papers, including proof of ownership; medical records and medication instructions; an emergency contact list with your vet and a photo of your pet, especially one with you and/or your family.

Travel: Make sure your pet crate or carrier has your contact information on it, and be sure to bring an extra collar or harness with ID tags and a leash and a muzzle. Bring flashlights and extra batteries as well.

Comfort: Chances are your pet will be just as frightened as you if you have to evacuate, so bring their favorite treats and toys as well as an extra blanket or familiar bedding.

Hotels & shelters: Many evacuation shelters — and hotels — don’t accept pets, but will with advance notice. You can also visit bringfido.com/hurricane to find pet-friendly evacuation shelters during Florence. NIKKI M. MASCALI

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America remembers Sept. 11

Memorials in commemoration of the 9/11 attacks were held at Ground Zero and in Shanksville, Pa., on Tuesday.

Hundreds gathered at the 9/11 commemoration ceremony at Ground Zero in Lower Manhattan.

Former NYC Mayor Rudy Giuliani and former New Jersey Gov. Chris Christie.

President Donald Trump and First Lady Melania at a memorial in Shanksville, Pa.

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NYC restaurants partner with City Harvest for Hunger Action Month

Eat out at some of the city's most popular restaurants all September long and help City Harvest feed New Yorkers in need.

NIKKI M. MASCALI
nikki.mascali@metro.us

FACEBOOK / CITY HARVEST

Did you know there are more New Yorkers who are food-insecure than the entire population of Dallas, Texas, one of the nation's largest cities? As it has for the past 35 years, City Harvest hopes to change that with a full slate of initiatives for Hunger Action Month.

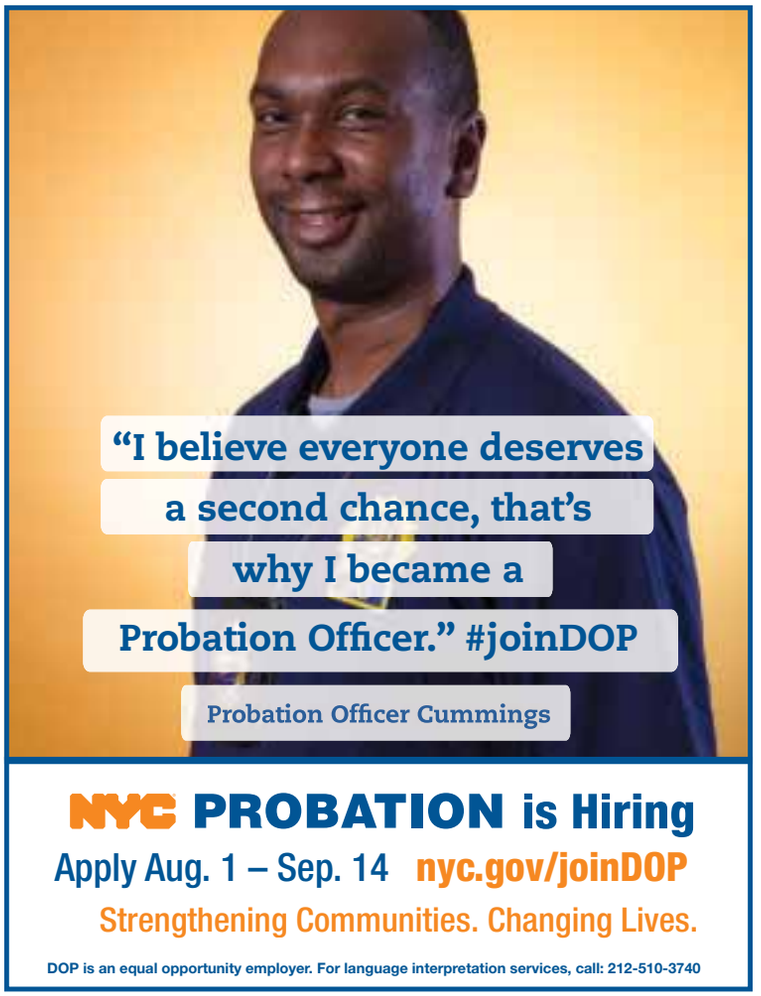
Throughout the month, City Harvest and its partners, including some of the city's most-popular restaurants, will give New Yorkers the chance to help support its mission. Ways to help during Hunger Action Month include making food donations, volunteering, running food drives and eating out at select establishments across the city.

Several restaurants from Danny Meyer's Union Square Hospitality Group will donate $2 from select menu items, including the croque madame at his newest eatery, Manhatta; a two-piece fried chicken plate at Blue Smoke Battery Park City; Gramercy Tavern's namesake burger; the jalapeno diablo cocktail at Porchlight and many more.

Monday through Friday this Hunger Action Month, Aquavit will offer a $43 two-course City Harvest lunch menu. Le Bernardin is offering a $57 prix-fixe menu. Andpret A Manger locations across the city will sell a City Harvest salad with a portion of proceeds going to City Harvest.

"In a city that has so much, none of our neighbors should go hungry," City Harvest CEO Jilly Stephens said in a statement. "For 35 years, City Harvest has stepped up to rescue nutritious food that would otherwise go to waste and deliver it free of charge to New Yorkers in need."

To learn more ways to help New Yorkers in need, visit cityharvest.org.



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■ I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
■ My toes aren't straight- they are all cocked-up, bent and hurt.
■ I have painful calluses on the ball of my foot which keep building up.
■ I have corns on my toes which get thick no matter what shoe size I wear.
■ The bottoms of my feet hurts all day, but it's worse when I step out of bed in the morning.
■ I have cramps in my legs which always happen when I walk the same distance.
■ My ankles are swollen most of the time.
■ My feet are always dry and scaly – sometimes they itch.
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Pat King
Grumble Editor

READER WRITE-INS:

DELIVERY TRUCKS DURING RUSH HOUR!!
Each morning I dread the commute from uptown to midtown because of the tremendous amount of delivery and construction vehicles blocking the lanes!! Wasn't there supposed to be a law enacted to reduce the number of these vehicles during rush hour? What happened to that, Mr. Mayor?! I guess it's better to just continue racking up all those fines than care about a timely commute for your constituents. And that brings me to another point: Knowing what we face each day just trying to get to our jobs, why are city employees considered late after 9:06 a.m., and after 3 latenesses, written up?! Folks are losing jobs because of latenesses, companies aren't being flexible with time. Don't you think that's a little — no, a lot — sadistic?? People are already stressed enough with their life issues. DO SOMETHING!!
— Rennie Hill-Bracey, *Metro New York reader*

EDITOR: We will look into this and report back soon!

LEAVE YOUR DOGGIES AT HOME!
I do not believe any animals should be in bars! Come on, people. Yes, some of them are loyal and adorable, however bars are strictly a getaway for HUMANS. Leave the doggies home. The dogs themselves most likely don't want to be in a place like a bar anyway!
— Lola Campbell, *Metro US reader*

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The winning caption from Lisa Mahoney, *Metro Boston reader*

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Aries Do your best to work amicably. You'll accomplish more if you can get along with others and concentrate on doing what you do best. More action and less talk will get the job done.

Taurus Embrace change and don't look back. Use your intelligence and knowhow to get things done properly. A kind gesture will help you avoid upsetting a loved one.

Gemini Take a closer look at what others are doing. You may have to make an adjustment to uphold your end of a bargain. Don't trust someone making idle promises.

Cancer Go over every detail and size up your situation before making a move. Look for the best way to bring others together to lighten your load. Coordination will control the outcome.

Leo Don't initiate change. Wait and see what needs to be done, and choose the amount of time, money and effort required rather than overdoing it.

Virgo Sort through any differences you have with a friend or relative calmly if you want to make progress. A change of pace, location or mode of communication improves your outlook.

Libra Don't make a big deal out of a trivial situation. Let things unfold naturally, and adapt to the changes happening around you. Do your share and avoid complaints.

Scorpio Don't let an emotional situation lead to an argument. You'll do better if you are less aggressive and more empathetic to other people's needs. Don't disrupt things when you should be facilitating them.

Sagittarius How you help others will make a difference. If you take over other people's responsibilities, they will never learn how to take care of themselves. Oversee rather than overdo.

Capricorn If you give whatever you do your best shot, positive change will come about. Money is heading your way. Collecting an old debt, making an investment or looking over your resources is favored.

Aquarius Leave well enough alone. You are best off taking a breather and figuring out a way to move forward with the least amount of stress. Reject temptation.

Pisces You've got plenty to gain by following your instincts. A chance to collaborate with someone should be considered carefully. Don't mix business with pleasure. A change of heart is likely. EUGENIA LAST

The fight against erectile dysfunction

Don't worry. It happens. But there are ways to stop it!
By Pat King

Many men deal with the awkward physical disability commonly known as erectile dysfunction. As a matter of fact, it may be a more common drawback for more men than you may think. According to a study conducted by the Cleveland Clinic, roughly 52 percent of men experience erectile dysfunction in their day-to-day lives, with 40 percent of men age 40 experience it and 70 percent of men age 70. So what are some ways that you can combat this … gulp… disappointing condition that affects so many men in the bedroom?

Eat and live right

As with many ailments, erectile dysfunction can be closely related to how much you exercise and how well you eat on a daily basis. In a nutshell — by getting the right amount of cardio during the week, you will maintain a lower blood pressure which can help you to achieve healthier erections when it matters the most.

Eating right can also contribute to lowering your blood pressure with food like dark chocolate, pistachios, and watermelon all linked to lowering cholesterol and increasing the blood flow in the right areas. Some bad news for those who like the drink a few cocktails from time to time however is that drinking to excess has historically been linked to cases of erectile dysfunction. So try to cut back if you want to see improvements down there.

The importance of a healthy diet cannot be overstated in cases of erectile dysfunction as WebMD found It is estimated that around "35-75% of men with diabetes will experience at least some degree of erectile dysfunction during their lifetime." On top of that, men with diabetes will develop ED 10 to 15 years before men without diabetes.

Cut out the problem at the root

While many pills and contraptions have been touted as the end all be all cures of this worrisome condition, few have produced the same exciting restorative results as the ErectionWave treatment. Created by board certified urologist, Dr. David Shusterman, this new innovative treatment has taken a different approach to this issue than, say, swallowing a couple viagras on a nightly basis. The most exciting aspect of this treatment is that it actually works to cure the real issues behind ED and not offering a temporary solution. By directing high frequency rays towards blood vessels that have been blocked, ErectionWave treatment will increase blood through these pathways to allow for stronger and longer lasting natural erections without the assistance of pills or useless penis pumps.

Another more direct erectile dysfunction cure is known as the Priapus Shot — or otherwise known simply as the "P-shot". This completely pain-free shot has been known to not only increase sex drive but increase the overall penis size to 3.5 centimeters. The shot gets these results by by kickstarting a man's own growth factors in his blood to recruit his body's own stem cells down to the penis causing quicker regeneration of tissue and blood vessels.

If you are interested in either of these groundbreaking treatments, make your appointment with Dr. Shusterman today by calling 212-661-0060.

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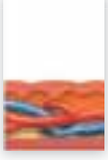

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Rihanna will help close out Fashion Week with her lingerie line. ALL PHOTOS GETTY IMAGES

Rihanna's *Savage X Fenty* experience takes over NYFW 2018

Here's what you need to know about RiRi's return to Fashion Week.

MOLLY GIVEN
molly.given@metro.us

After taking a year off from New York Fashion Week, Rihanna is back and better than ever with her collection Savage X Fenty. Every year, designers, buyers, models and fashion journalists come from all over the world to display and appreciate the innovative and artistic designs of the year. New York Fashion Week has paved the way for style visionaries everywhere and has been a staple not only in New York City but also in Paris, Milan, and London. Here is everything you need to know about Rihanna's Savage X Fenty line.

RiRi returns to New York Fashion Week with a Savage X Fenty experience.

What is Savage X Fenty by Rihanna?

Savage X Fenty is Rihanna's inclusive lingerie line that she promises is affordable and for all body types. "Bad girl RiRi" wants every woman to feel included and not have to break the bank to do so.

In an interview with Vogue, Rihanna delved into why she created the line, saying, "Women should be wearing lingerie for their damn selves. I want people to wear Savage X Fenty and think, 'I'm a bad bitch.'"

When Rihanna first came on the scene in 2005, she was a stone-washed jean-wearing songstress. Over the years, her style evolution has been one for the books. She was able to completely transform her look into a punky, trendy, one-of-a-kind style that many fans emulate.

Rihanna first delved into the professional fashion world in 2011 when she paired up with Armani Jeans and Emporio Armani Underwear. She then partnered up with River Island in 2013 for a high-fashion street line, became the spokesperson for Dior in 2015 and was announced as the creative director of Puma in 2016, where she created The Trainer by Fenty. The Puma shoe line in which The Trainer was featured became a huge success. The same year, Rihanna partnered with Manolo Blahnik to premiere a denim sandal and boot line.

The songstress has delved into other fashion sectors including a sunglass line with Dior, a sock line, a perfume line, and has even launched her own beauty line, Fenty Beauty. In other words, she knows exactly what she's doing.

When is the Savage X Fenty experience at NYFW 2018?

The show is set to premiere on Sept. 12 at 7:30 p.m. in Brooklyn at a yet-to-be-revealed location. Rihanna's lingerie line is slotted right after Marc Jacobs' show, which means that it will be the unofficial closer for the week, according to a report from Vogue.

When can you buy the Savage X Fenty fall collection?

If you love the collection, then you are in luck! The fashion line will be available for purchase right after the show on Sept. 12. The items will be available at SavageX.com and will also be available at several pop-ups around the country. As of now, the two confirmed locations of the much-awaited pop-ups will be in New York and the Mall of America.

TODAY'S NY FASHION WEEK SECTION SPONSORED BY
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7 Trends from the start of the century that came back

Metro highlights the most popular trends that are making big comebacks.

LUZ LANCHEROS | METRO WORLD NEWS

Logomania

Missy Elliot and rap singers of her generation were the "style referees" of the early 2000s. And like the iconic Harlem designer Dapper Dan, they mixed logos in many different ways. During the last few years, Gucci has collaborated with Dapper Dan. Dior, Balenciaga, Fendi are among the fashion houses sending the trend down runways.

Square-toed sandals

This footwear became a favorite of many bloggers and influencers. Square-toed sandals were a must at the end of the '90s and the beginning of the past decade. Comfortable and minimalist, they evolved to have more complex and sophisticated looks. Nine West released a revival collection of these sandals with Olivia Culpo as collaborator.

Oversized hoops

Now we see more geometric statement earrings. But if we talk about hoops, we remember Victoria Beckham during her glorious WAG style phase. Hoops are back with brands like Area and Laura Lombardi.

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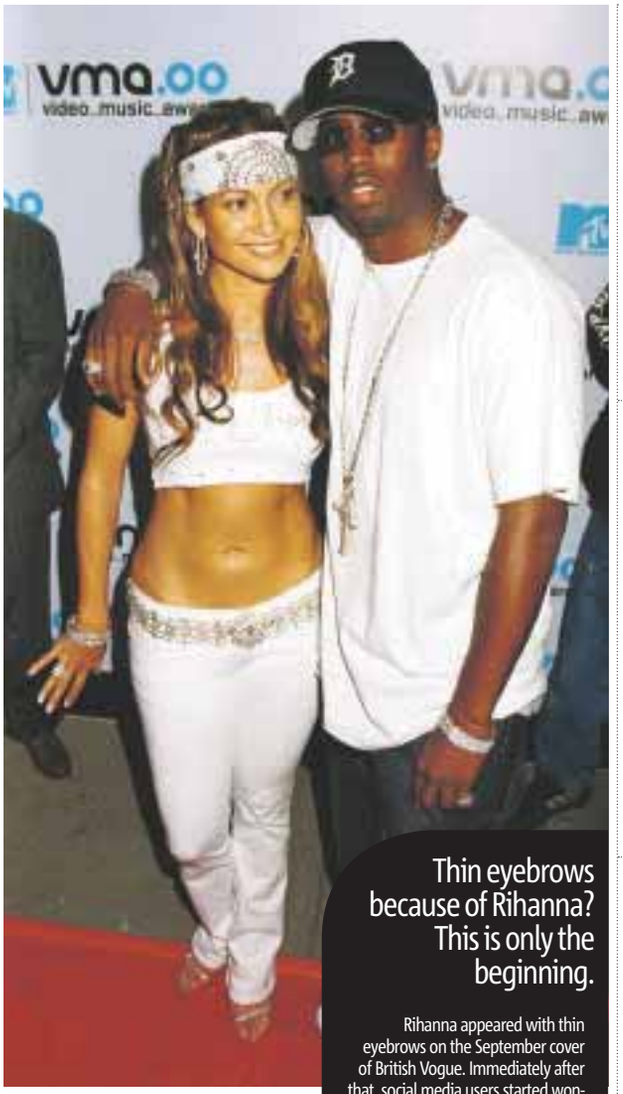


Jenny from the block

Low-rise or white jeans, tube tops, white ankle boots — Jennifer Lopez had a memorable hip-hop style at the beginning of the century, and her look is not outdated. Many stars from the period wore tube tops and are now as popular as ever on Instagra and with retailers.

Thin eyebrows because of Rihanna? This is only the beginning.

Rihanna appeared with thin eyebrows on the September cover of British Vogue. Immediately after that, social media users started wondering: Is this trend coming back? Who knows! But in any case, the style of the last decade has definitely returned. We can see it on nostalgic Instagram accounts that remind us of icons like Hilary Duff, Blake Lively as Serena van der Woodsen of the "Gossip Girl" series, or Victoria Beckham during her WAG days. It also shines on the runway.

Y2K Pink

Paris Hilton and Elle Woods (Reese Witherspoon in "Legally Blonde") made this color popular again. And how could we forget the Motorola Fuchsia Razr that was on many girls' wish lists? Fast-forward to last season: "millennial pink"!

Velour tracksuits

Britney Spears shopping in her velour Juicy Couture tracksuit is a pop-culture image for the ages. And now on Instagram we see Kylie Jenner wearing a piece from the brand, revived with Vetements last year. Adidas also has released its own version of the classic, and Yeezy and Chloe followed suit.

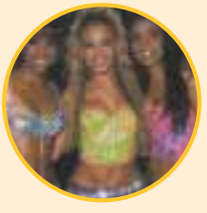
Colour lensed glasses

They reached their peak with Neo and Trinity in "Matrix." We saw Britney and N'Sync using them. Now celebrities as Gigi Hadid and Selena Gomez are using colour lensed glasses. Almost every big retailer is selling them.

5 Y2K-style Instagram accounts to remember the 2000s

angel from the 2000s
(@y2ktrashy/ 26.8k followers)

The most impressive looks from Missy Elliot, the famous hair of Nicole Richie before turning into a street-style icon, the matching looks of Kim Kardashian and Paris Hilton. And the matching suits of Hugh Heffner's girlfriends. This account recalls every memorable and relevant look from the past early-aughts.

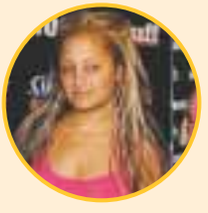


none of these are mine xx
(@hottiesofthe2000s/ 28.3k followers)

Bling bling, Christina Aguilera in her many transformations. Fergie, Britney, Devon Aoki and yes, the Bratz Dolls. Every woman who became an ideal of beauty from those days is here.

2000s
(@2000sgal/ 40k followers)

Quotes from movies, reality TV shows and other programs that dominated the cultural and pop agenda of 2000 (think "Gossip Girl" and "The Simple Life") are here, plus red-carpet shots and those addictive before-and-after celeb makeover shots. Fashion and pop culture combined.



partylikeits2007
(@partylikeits07/ 5420 followers)

The year of the fall of Lindsay Lohan, Britney's meltdown and the rise of Kim Kardashian. @partylikeits07 shows everything that happened during that time within pop culture.

She's Vague
(@shesvague/ 238k followers)

@Shesvague shows off a taste for "trashy" style. And, like any good 2018 Instagram creation, it looks into the details. Accessories, makeup and styling are the main elements of this account.

The gang's all here.
ALL PHOTOS GETTY IMAGES

Who's coming back for 'American Horror Story: Apocalypse'?

The highly-anticipated crossover between the "Murder House" and "Coven" seasons features many familiar faces.

ANDREW HUSBAND
letters@metro.us

This Wednesday, the eighth season of Ryan Murphy's hugely popular anthology series, "American Horror Story," will premiere on FX. Subtitled "Apocalypse," the latest installment in the television horror franchise promises to be one of its best.

Much of this has to do with the apocalyptic story and setting of the new season, which sees the planet succumb to some kind of world-ending catastrophe that, among other things, entails the rise of the Antichrist. "Apocalypse" is also exciting, however, because it is essentially a crossover of the show's first and third seasons, "Murder House" and "Coven." This means that many of the same characters who haunted those seasons will be back for more.

Recurring cast members is nothing new in the world of Murphy's "American Horror Story." Sarah Paulson, Evan Peters and many more have starred in many of the anthology's disparate seasons, often playing wildly different characters. With the "Apocalypse" crossover, it seems they (and many others) will be playing the same roles they originated in the "Murder House" and "Coven" seasons.

Especially Paulson, who played Cordelia

Connie Britton

Goode in season 3 and Billie Dean Howard in season 1. Considering the more fanciful elements promised by the "Apocalypse" storyline, it's no surprise that "Coven" member Cordelia is back for another round. It also seems ripe for the return of Billie, the medium from season 1 who revealed the "Pope's box" and its foretelling of the end of the world.

Peters' Tate Langdon, a particularly violent ghost from "Murder House," will be making an appearance in season 8. The actor will also be playing a brand new character, as evidenced by the first full trailer for "Apocalypse," but little is known about him.

Aside from Peters' Tate, the Langdons are also well-represented by Jessica Lange's Constance and Cody Fern's Michael, the latter being the literal Antichrist. Constance is the controlling and vengeful mother of Tate, a mass murderer whose ghostly form terrorized the living in "Murder House." As for Michael, he is the product of Vivien

Evan Peters

Harmon's (Connie Britton) rape by Tate, and therefore the bringer of the end times. Fern is a newcomer to the "American Horror Story" family, but his character is not.

Speaking of Vivien, both she and her deceased husband, Ben (Dylan McDermott) are back. As victims of the so-called "Murder House" in season 1, they hang on as ethereal spirits and, in Vivien's case, the mother of the Antichrist. Taissa Farmiga's Violet Harmon from "Murder House" is also back, as is her "Coven" character, Zoe Benson. Other returning "Coven" members include Madison Montgomery (Emma Roberts), Queenie (Gabourey Sidibe), Misty Day (Lily Rabe) and Myrtle Snow (Frances Conroy), whose association with the third season's witches academy will no doubt bring them into the "Apocalypse" fold.

"American Horror Story: Apocalypse" premieres this Wednesday at 10 p.m. on FX.

Gael Garcia Bernal opens up about his new heist film. ALEJANDRA CARVAJAL

A night at the 'Museo'

Gael Garcia Bernal chats about his cinematic take on the greatest heist in Mexican history.

GREGORY WAKEMAN
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On Christmas Eve, 1985, 140 priceless pre-Hispanic artifacts were stolen from the National Museum of Anthropology in Mexico City.

The complexity of the robbery and the sheer volume of items stolen led authorities to believe that a criminal ring had orchestrated such a dashing and elaborate feat — especially since, over the next three and a half years, no sign of the thieves or their goods was found. Then, in the spring of 1989, after finally landing a break courtesy of a narcotics investigation, police discovered those responsible.

But rather than being a criminal empire, they were startled to learn that it was just two veterinary students, Carlos Perches Treviño and Ramón Sardina García.

"Museo" doesn't exactly tell their story, as co-writer and director Alonso Ruizpalacios recently told Metro that he deviated from the true events to make it more cinematic, but it was the intrigue over the sheer audacity and the "complexity of the characters" that attracted both him and its star Gael Garcia Bernal to the project.

"They did something quite impossible. Nowadays we live in an age where there are slogans that say, 'Do the impossible.' They did that," insists Bernal. "But it was the wrong impossible. They had this crazy potential. To pull off something like that. What if they would have done something or allowed themselves the chance to do something else."

"I sound like an old man," he adds. "But if they had used the opportunity to do something different, who knows?"

"The film either highlights the extreme of doing things for a very specific reason of transcendence, or the other way 'round: They just did it because they were bored."

Gael Garcia Bernal

But while Bernal was obviously flabbergasted at what the pair achieved, he also noted that by doing what they did they have attached themselves to Mexican history and mythology.

"When you look at the history of those pieces, they are mythological, they are part of where we come from. So the moment they touched those pieces they also became part of that mythology," says Bernal. "They are tied to it. That is very daunting. Especially because they never found out why they did it. And why they kept the pieces, too."

"Why they didn't just try to get rid of them somewhere else? Or throw them away, or something. It is fascinating what happened in real life," he adds. "They found all of the pieces intact. All of them."

And despite working on the film and portraying Juan Nunez, a fabricated character based on one of the students, Bernal is no closer to knowing why they did what they did.

"The film either highlights the extreme of doing things for a very specific reason of transcendence, or the other way 'round: They just did it because they were bored," he says. "Like a sudden act of making something happen. There is a reason and a rational thought behind it. A very strong spiritual impulse that may connect with why they wanted to do this."

"On the other hand it is just a mistake and impetuous action that all of a sudden becomes part of a kids' adventure and then becomes an adult criminality adventure," adds Bernal. "Maybe that's the action of why the kids did what they did."

"Museo" opens in New York on Sept. 14.

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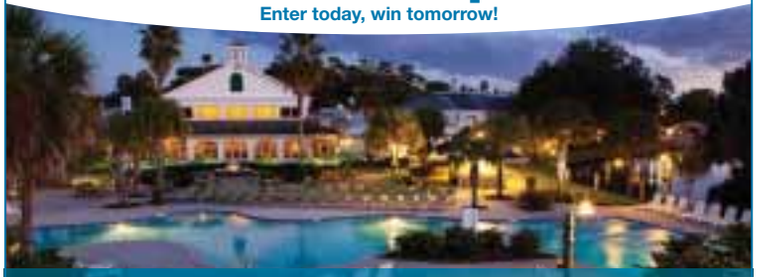

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Dogs can't see color, but don't let that stop you from appreciating the technicolor photo ops inside Human's Best Friend. (These are not images from the pop-up. Find those at metro.us on Friday.) ALL PHOTOS MAYA BARKAI

An Instagram 'pup'-up

Instead of ball pits for people, you can play fetch with your four-legged bestie at the first Instagram gallery for dogs, Human's Best Friend.

EVA KIS
eva.kis@metro.us

Tired: Taking Instas of your pup. Wired: Taking Instas with your pup at a pop-up dog art gallery coming to the West Village called Human's Best Friend.

Described as "a pop-up experience for dogs and the humans who love them," Human's Best Friend is coming to the West Village at 15 Seventh Ave. from Saturday, Sept. 15 through Nov. 12. The dog art gallery was created by award-winning designers Jason Sherwood and Brian Tovar, known collectively as LiveSight, who have wowed humans with their lighting design at the original Museum of Ice Cream, Refinery 29's 29Rooms and more.

Their first venture into the canine art world, Human's Best Friend, is made up of eight "technicolor environments" with lots of playground elements meant to be enjoyed with your four-legged bestie, with themes like The Backyard, The Dog House, The Toy Pit, The Water Bowl and The Bone Yard.

Don't have a furry friend of your own? Meet adoptable pups from one of six local animal rescue organizations: Second Chance Rescue, Animal Haven, Bideawee, Rescue City, Badass Brooklyn Rescues, The Sato Project, Muddy Paws, and Hearts and Bones. These groups will also receive 10% of the profits from the pop-up.

"As lifelong dog lovers, we're thrilled to unleash our vision for a canine-centric experience that's both fun and purposeful," the co-founders said in a statement. "Human's Best Friend aims to surprise and delight both pets and owners, and also shine a light on the joys of adopting rescues."

This is not actually New York's first dog art gallery

Human's Best Friend is only the latest pop-up to cultivate our pooches' art appreciation. Last summer, the doggie art gallery Dogumenta popped up along the Hudson River at Brookfield Place. Pups could lounge on purple velour couches, contemplate modern art inside doghouses and splash in geometric pools, among other art-appreciation activities.

And of course, every year after the humans have their turn on the catwalks of New York Fashion Week, the pooches take the spotlight at the New York Pet Fashion Show. Next year's event will take place on Feb. 7, 2019 at the Hotel Pennsylvania.

Human's Best Friend could be the latest in New York finally recognizing how much dog owners wish for more things to do with their pets. The city's first-ever dog cafe Boris & Horton, where you can nosh on baked goodies as well as coffee, beer and wine with your best friend next to you indoors, opened in January 2018 in the East Village and has been so popular, they just expanded their dining area.

Human's Best Friend runs from Sept. 15-Nov. 12 at 15 Seventh Ave. The gallery is open Wed-Thurs, noon-9 p.m., and Fri-Sun, 10 a.m.-9 p.m. Tickets are $39 with one dog, $29 without, and free for kids under 2; humansbf.com

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4 Best smart displays for your home

Smart speakers have recently become a worldwide tech trend. However, these devices are already evolving to transmit images and video. Metro highlights the best smart displays.

DANIEL CASILLAS | METRO WORLD NEWS

LG WK9 ThinQ

Like most smart displays, WK9 by LG works with Google Wizard, but it has integrated Chromecast as well. The device also features an 8" touch screen, a camera, built-in WiFi and Bluetooth.

Amazon Echo Show

This Amazon-developed device is designed around Amazon's virtual assistant, Alexa. But it also features a 7" touch screen that can be used to display visual data to accompany your responses, as well as to play video and make calls, with a 5-megapixel camera. The Echo Show has a pair of speakers and motion sensors to automatically activate the screen when someone enters a room.

JBL Link View

This JBL smart display takes the hearing experience a step further by incorporating an 8" high-definition touch screen display and a 5-megapixel front camera. The Link View provides excellent sound quality and is ideal for anyone who consumes a large amount of content on a daily basis. Users can view images, stream audio and video, and ask questions to the Google Wizard.

Lenovo Smart Display

Lenovo recently decided to bet on smart assistants with its Smart Display, a 10", 1,920x1,200-pixel display device that uses Qualcomm's SDA 624 chipset and a built-in 720p resolution camera. In addition, this device works with Google Assistant to help perform certain tasks and give you information via a female voice.

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BET OF THE DAY

Boise State has quietly looked like the best team in college football through the first two weeks. Love them at Oklahoma State.

The Pick: BOISE STATE (+3.5)

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NFL Power Rankings: Week 2

Ranking the top teams in the NFL ahead of Week 2.

LUKE MILLER
letters@metro.us

Darron Lee and the Jets slot in at No. 18 in our rankings, fresh off their blowout win over the Lions. GETTY IMAGES

1. Philadelphia Eagles (1-0) Def. Atlanta 18-12. Last Week: 1
The Super Bowl MVP edition of Nick Foles wasn't on display in Philadelphia as the defending champs opened the season, but the Eagles didn't need that Nick Foles either. Jay Ajayi looked ready to slot into as much of a workhorse role as the Eagles are willing to give him. He scored both of Philadelphia's touchdowns. The Eagles next face the Buccaneers, who suddenly are looking threatening.

2. Minnesota Vikings (1-0) Def. San Fran. 24-16. Last Week: 2
Kirk Cousins turned in a very Case Keenum debut in Minnesota and Dalvin Cook returned to action with 95 total yards. The running back's best run of the day was, however, marred by a fumble. Still, the Vikings cooled off the 49er hype around the league and looked every bit the NFC title contender they were in 2017.

3. New England Patriots (1-0) Def. Houston 27-20. Last Week: 3
The Patriots certainly didn't need to lose another skill player on offense, but Jeremy Hill is now done for the season. That didn't stop Tom Brady from throwing three touchdown passes. After one week, Phillip Dorsett and Rex Burkhead are the early contributors to watch alongside, of course, Rob Gronkowski.

4. Los Angeles Rams (1-0) Def. Oakland Raiders 33-13. Last Week: 5
The Rams got some contributions from their new stars Monday night: Brandin Cooks had 87 yards receiving and Marcus Peters was one of three Los Angeles players to intercept Derek Carr. After trailing to start the game, the Rams outscored the Raiders 23-0 in the second half to close out the first weekend of football with one of the most impressive victories.

5. Kansas City Chiefs (1-0) Def. LA Chargers 38-28. Last Week: 15
We said the Chiefs would go as Patrick Mahomes did, and that looks like good news after this debut. The second-year quarterback threw four touchdowns, two to star receiver Tyreek Hill, who also had a 91-yard punt return score to start the afternoon's scoring. This Kansas City team is going to be fun to watch, unless you're a Chargers fan. They just beat their division rivals for the ninth straight time.

6. Baltimore Ravens (1-0) Def. Buffalo 47-3. Last Week: 18
The weather some might point to as an excuse for the performance of the Bills' quarterbacks didn't slow down Joe Flacco any. Working with new receivers Michael Crabtree, Willie Snead, and John Brown, Flacco threw a touchdown to each and avoided turning the ball over. The Ravens defense feasted on the Bills, recording six sacks and intercepting Nathan Peterman twice. They finished with such a comfortable lead that rookie QB Lamar Jackson was able to see the field despite his status as the third-string quarterback.

7. Jacksonville Jaguars (1-0) Def. NY Giants 20-15. Last Week: 6
Jalen Ramsey got picked on a little bit by Odell Beckham Jr. Sunday afternoon, but OBJ will do that to people. More troubling was the disappearance of Leonard Fournette from the field in the second half. The second-year tailback is apparently ready to go moving forward, however, and the Jaguars were only being cautious.

8. Green Bay Packers (1-0) Def. Chicago 24-23. Last Week: 9
Aaron Rodgers' heroics on Sunday night have overshadowed the fear of whether the Packers may have to again play without their talisman for an extended period of time. Those fears arose when Rodgers' knee took an ugly bend and they haven't been quieted yet. While the comeback took all the headlines, the Packers playing themselves into that position did little to convince the team has any shot at a season without Rodgers.

9. Atlanta Falcons (0-1) Lost to Philadelphia 18-12. Last Week: 8
2018 began exactly where 2017 ended for the Falcons. Fourth and goal as time expired in Philadelphia. Atlanta went toe-to-toe with the defending Super Bowl champions again but couldn't find the end zone when it mattered. It's a troubling reoccurrence for a team that struggled in the red zone in 2017, particularly when trying to get the ball to Julio Jones.

10. Carolina Panthers (1-0) Def. Dallas 16-8. Last Week: 11
Sad news for Panthers tight end Greg Olsen, who re-fractured his foot in the victory. Olsen will be missed, as the offense was short on playmakers in the win over Dallas. Christian McCaffrey had 95 total yards on 16 touches, but Cam Newton led the team in rushes and rushing yards while throwing for just 161 yards. The defense on the other hand, wreaked havoc on Dak Prescott and Co, recording five sacks.

18. New York Jets (1-0) Def. Detroit 48-17. Last Week: 31
There were a lot of firsts Monday night in Detroit for the Jets: their first defensive touchdown in years, their first special teams touchdown in years, Sam Darnold's first two (or, depending on how you count, three) touchdown passes. Those all did a lot to wipe away the first throw of Darnold's career, a pick six. He's actually in good company there: Brett Favre suffered a similar start to his career.

22. New York Giants (0-1) Lost to Jacksonville 20-15. Last Week: 20
Sunday's season opener was a reminder of exactly how good Odell Beckham Jr. is. It was also evidence for both schools of thought surrounding the Giants' selection of Saquon Barkley second overall. Barkley scored a monster 68-yard touchdown. And the Giants lost.

Best of the rest

11. Steelers
12. Saints
13. Chargers
14. Broncos
15. Texans
16. Buccaneers
17. Redskins
18. Jets
19. Dolphins
20. 49ers
21. Cowboys
22. Giants
23. Bears
24. Bengals
25. Seahawks
26. Browns
27. Titans
28. Lions
29. Raiders
30. Cardinals

Rangers land McQuaid from Boston

New York gives up Steven Kampfer in the deal.

RICH SLATE
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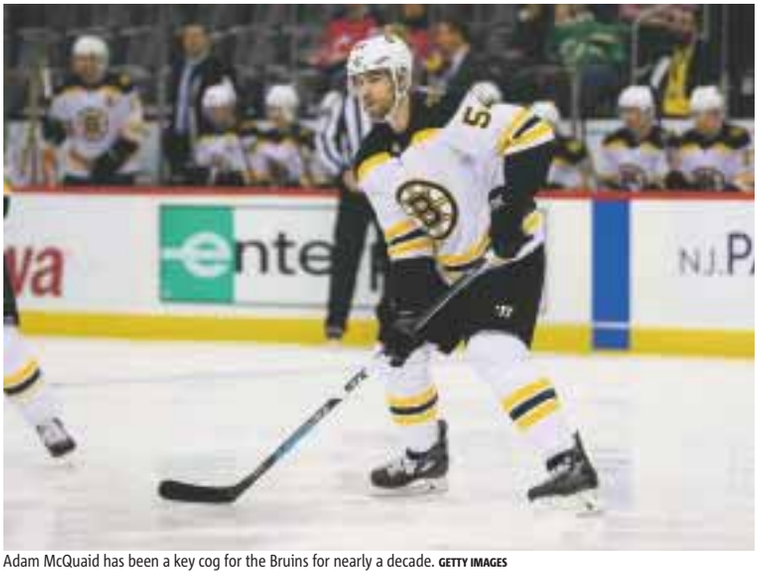

Adam McQuaid has been a key cog for the Bruins for nearly a decade. GETTY IMAGES

On every successful team, there is a glue guy. A player that doesn't get nearly the attention they deserve yet their coaches and teammates know just how much they contribute to make things run at a peak performance level. The 2018 Bruins training camp frantically opened on Tuesday morning (with half the team departing later that afternoon for a preseason trip to China, where they'll play Calgary twice) to the surprising news that longtime defenseman Adam McQuaid had been traded to the Rangers for defenseman Steven Kampfer (who was briefly a Bruin from 2010-12), a 2019 fourth-round draft pick and a 2019 conditional seventh-round pick.

An ultra-physical, old-school defenseman, McQuaid was a second-round pick for Columbus in 2005 but after a trade to Boston in 2007 (for a fifth-round pick), he's played his entire NHL career (2009-present) in a black-and-gold uniform. Fittingly enough, he had his best season in 2011 (3 goals, 12 assists, plus-30, 96 penalty minutes) and won the Stanley Cup with the Bruins that summer. Since then, he's battled through countless serious injuries — a byproduct of his unforgiving style of play — but continued to have the respect of everyone in the Bruins dressing room and throughout the organization.

"It's a very difficult day," admitted Boston GM Don Sweeney as he announced McQuaid's trade to the media. "We want to thank Adam. He was a tremendous Bruin and a tremendous teammate."

Between injuries and getting squeezed out for playing time by the influx of talented young defenseman, McQuaid only appeared in 38 regular season games for the Bruins in 2017-18, but he was in the lineup for all 12 playoff games against Toronto and Tampa Bay. At 31, he can still bring plenty of value to New York in terms of leadership and as a proven winner, two enviable traits that the Rangers currently lack.

Unlike Boston, which realistically sees itself as a Cup contender for the near future, the Rangers are in a full rebuilding mode and McQuaid is the perfect type of guy that younger players will enjoy being around — and more importantly, learn how to be an NHL player from.

Very quiet and soft-spoken by nature, McQuaid is still one of the toughest guys in the NHL and as such, he is rarely challenged to a fight. But he's always willing to drop the gloves for himself or to help a teammate.

"All of the guys from 2011, we'll be friends for life," said Bruins captain Zdeno Chara. "Unfortunately this is part of the business and it has to be accepted. Adam's willingness to do the extra things — blocking shots, standing up for teammates, etc. — those are hard qualities to find."

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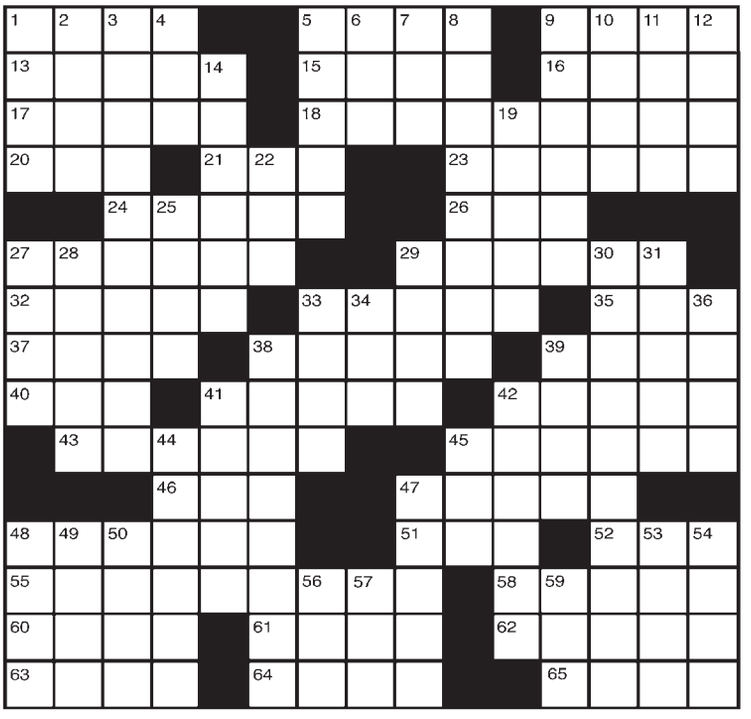

ACROSS

1 Money
5 Sassy child
9 Slender
13 Stomach ailment
15 "__ Window"; James Stewart classic
16 Flagstaff
17 Binge
18 Ready for use
20 Fraternity letter
21 Hang limply
23 Woods
24 Burial sites
26 Spanish article
27 Contemptuous writing
29 Tendons
32 Grown-up
33 Tarkenton & Drescher
35 Chicken's mother
37 Cooper or Sinise
38 "Nothing __!"; firm refusal
39 Monetary penalty
40 Years lived
41 Mark one's cattle
42 Steed
43 Respect highly
45 Dirty
46 __-been; one no longer popular
47 Once every 24 hours
48 Deadly vipers
51 FedEx competitor
52 High chair accessory
55 Victoria's Secret purchase
58 Once and again
60 Opposite of a boon
61 Hammerer's target
62 Tear to bits
63 Edibles with fragile shells
64 Black Jack & Juicy Fruit
65 Chances

DOWN

1 Part of a tooth
2 Mont Blanc's range
3 Holy writings
4 TV's "__ Haw"
5 Boasts
6 Gun the engine
7 Motorists' assn.
8 Insignificant
9 Few and far between
10 Part of the ear
11 Misfortunes
12 Bump into
14 Vacation destination
19 Mortgages, e.g.
22 Supped
25 Easter flower
27 Long story
28 Saying
29 Make wood smooth
30 Helicopter
31 Good judgment
33 Beer topper
34 "The Adventures of __ Tin Tin"
36 Requirement
38 Ranch or French
39 Aluminum wrap
41 Chicago team
42 Lifts with effort
44 Graduate papers
45 Gullible fool
47 Sword fights
48 Singer & actress Lane
49 Boring event
50 "Phooey!"
53 Like petits fours
54 Hospital ward furniture
56 Thirsty Parisian's need
57 Curved edge
59 "__ says so?"; skeptic's reply

metro.us/wordsearch

C	Z	X	A	L	S	O	N	I	C
O	E	B	Z	O	O	V	C	M	J
M	L	O	Y	L	N	U	N	I	O
P	D	X	I	V	Y	Y	I	C	Y
U	A	T	A	R	I	V	N	R	S
T	U	N	Z	A	A	D	T	O	T
E	J	Z	V	G	A	M	E	S	I
R	E	L	L	O	R	T	N	O	C
K	E	Y	B	O	A	R	D	F	K
P	J	T	T	R	K	C	O	T	L

Atari
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Game
Joystick
Keyboard
Mario
Microsoft
Nintendo
Ryu
Sonic
Sony
Video
Xbox
Zelda

metro.us/wander

Category: Film

	E	L	B
U	H	D	I
L	T	E	R
K	H	N	C
	E	I	

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

		5					6	3
6			1		4		2	
				5				
2	5	9	4					7
4		6				5		2
3					5	6	4	9
				1				
	8		7		2			1
1	6					3		

Yesterday's Answers

	B	E	G		S	C	O	F	F		A	L	S	O
L	I	N	E		I	L	I	A	D		C	O	C	A
O	N	C	E		C	O	N	T	R	A	C	T	O	R
U	G	H		S	I	N	K	S		P	E	S	T	S
		A	M	P	L	E			T	A	P			
C	A	N	A	R	Y			T	A	R	T	A	R	
A	N	T	S	Y		T	R	A	C	T		B	E	T
S	N	I	T		T	H	A	N	K		H	O	B	O
S	I	N		F	E	A	T	S		L	E	V	E	R
	E	G	O	I	S	T			S	O	L	E	L	Y
			N	E	T			P	L	U	M	B		
A	P	R	I	L		S	Q	U	I	D		O	W	L
B	L	O	O	D	H	O	U	N	D		O	A	H	U
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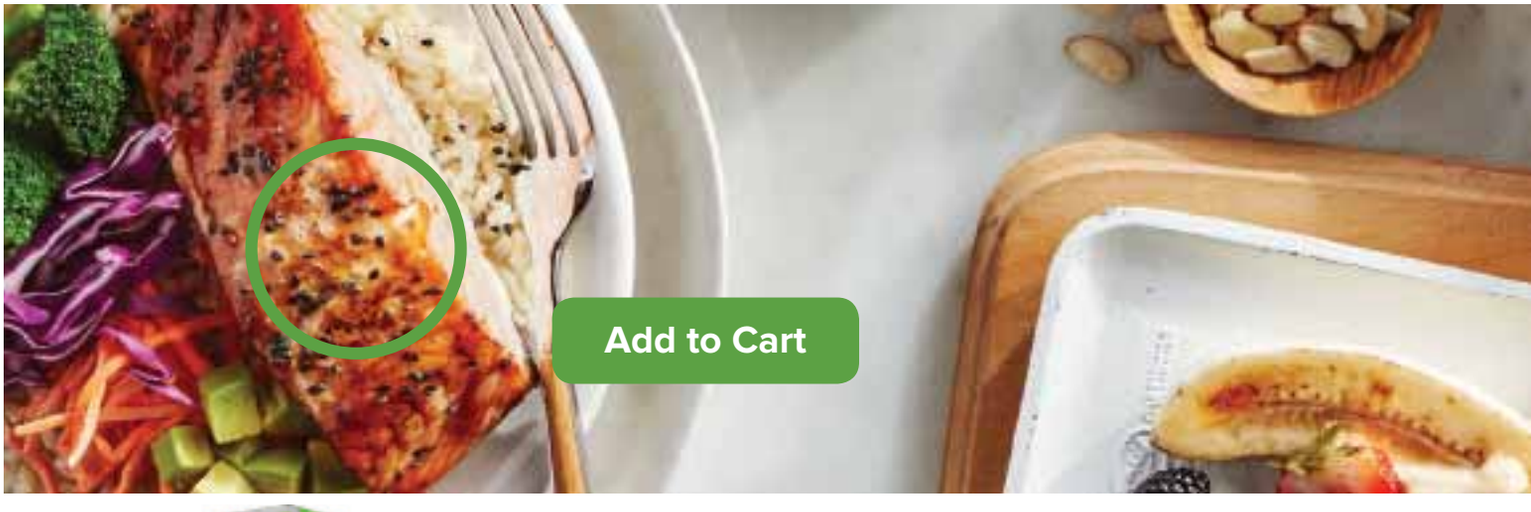

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